



Date: February 11, 2015

To: Marika Tammaru, Researcher
East-Tallinn Central Hospital - Estonia

From: Barbara Braden, PhD, RN, FAAN, Nancy Bergstrom, PhD, RN, FAAN

RE: Permission to use the Braden Scale*

As holders of the official copyright for the Braden Scale for Predicting Pressure Sore Risk and the interventions, we hereby grant permission for the use of the scale in the Estonian Insurance Fund's official guidelines for nursing care.

*It is understood that the wording or scoring of the scale may not be changed in any way. The title and copyright acknowledgement must be used also.

Two handwritten signatures in black ink. The first signature is 'Barbara Braden' and the second is 'Nancy Bergstrom'.