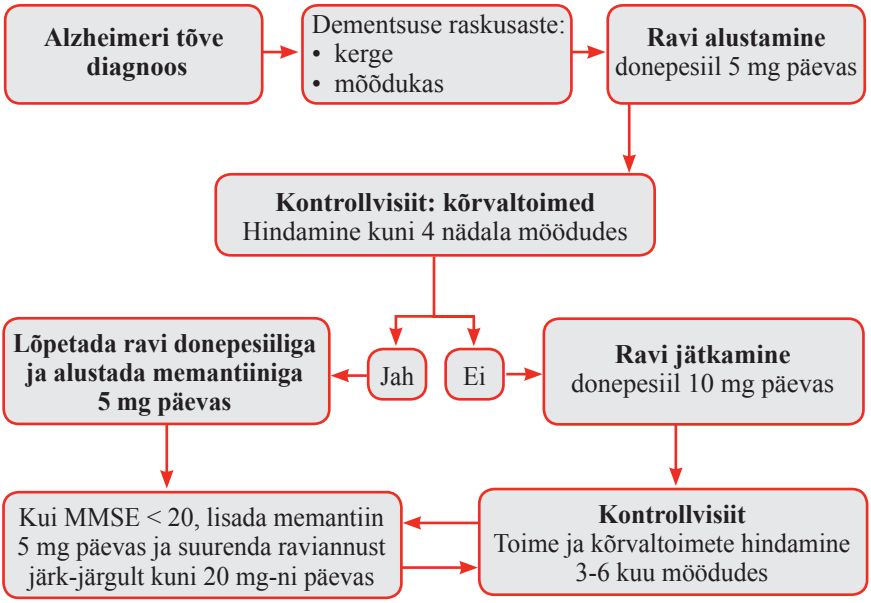Lisa 5. Ravi algoritm: kerge ja mõõdukas AT