

## Lisa 4: SDSi küsimustik (123)

### *Severity of Dependence Scale (SDS)*

*During the past year:*

- (1) Did you think your use of [named drug] was out of control?
- (2) Did the prospect of missing a fix [or dose] or not chasing make you anxious or worried?
- (3) Did you worry about your use of [named drug]?
- (4) Did you wish you could stop?
- (5) How difficult did you find it to stop, or go without [named drug]?

For questions 1-4 each item is scored on a four-point schale:

- 0 = never/almost never
- 1 = sometimes
- 2 = often
- 3 = always/nearly always

Question 5 is also scored on a four-point scale, but here:

- 0 = not difficult
- 1 = quite difficult
- 2 = very difficult
- 3 = impossible

The SDS has been validated to measure severity of dependence of opiate and stimulant users. A total SDS score is calculated. Higher scores indicate higher levels of dependence. It is primarily a measure of compulsive use, which is a central component of dependence. It does not measure tolerance, withdrawal or reinstatement.